



## Leave No Trace

### Packing for All Weather

#### Background:

Leave No Trace is a framework for interacting with the natural environment in a sustainable way. The 7 principles of Leave No Trace can be found by visiting: <https://lnt.org/why/7-principles/>  
This activity supports the development of principle one; Plan Ahead and Prepare.

#### Materials:

- A group meeting space
- Weather Cards (below)

#### Activity:

1. Choose one weather card and share it with the class.
2. Have children think of something they would pack if they were going on a walk outside in the selected type of weather. Do not have them share.
3. Each student gets a turn to act out their idea. Their peers try to guess what outdoor gear they are pantomiming.

#### Extension:

- Provide a suitcase and pieces of outerwear for students to pack according to the type of weather card they select. Have them draw pictures of other gear that fits with that weather and add it to the suitcase.
- Have children draw their own weather pictures or have them take pictures of their outdoor play space on days with different weather conditions. Their pictures can be added to the weather card deck to play the game.

\*\*Lesson created by Ashley Stanley, Tremont Elementary School, 2022\*\*

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